



• Mount Edgumbe Hospice • St Julia's Hospice •

Caring for our community



# Walk Talk Kernow

**Are you recently bereaved and enjoy walking with others?**



'Walk Talk Kernow' is a **FREE** bereavement support group run by Cornwall Hospice Care. Whilst walking in nature, each group provides a space for those who are bereaved and seeking social connections with others who are also experiencing grief.

Join us and allow nature to help guide you through the grieving process, step by step.



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for more information, visit our website  
or scan here.

[www.cornwallhospicecare.co.uk/our-community-services/](http://www.cornwallhospicecare.co.uk/our-community-services/)